

OVER 60 ?

... THEN YOU ARE LUCKY !

Don't bother to cook every other Friday.
Come, alone or with your Partner,
and join us in a 2-course lunch for £3.



Ring Now! to Rosemary Elmes 01239 820104
or Elaine Lloyd 01239 820037

Then try a meal in Newport Memorial Hall.
THE FOOD IS GOOD - SO IS THE WELCOME

PLEASE - whatever your age,
Could you spare time on some Friday
mornings to assist with the cooking ?

Newport Senior Citizens Committee